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# For Holiday Giving at Embrave

For many of us, the winter holidays are a very special time of time. It is a time of gathering with loved ones and reflecting on the successes, comforts and privileges we've shared over the last year.

However, for survivors of violence at Embrave: Agency to End Violence, the holidays can be very challenging. At Embrave we do our best to share holiday programming with our residents that inspires hope for a brighter future and shines a light on the possibilities that await them through their healing.

Our goal is to encourage and reignite hope in survivors that allows them to believe in the promise of a brighter future. It is these glimmers of hope that provide the strength and stability to get through difficult times.

We need your help to reach this goal! Due to increasing funding constraints and the rising cost of living, your support is needed now more than ever.

This holiday giving guide will outline the options available in supporting the work of Embrave and survivors of gender-based violence this holiday season!

Together we will bring hope to survivors!







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## at Embrave this holiday season!

This holiday season you can warm the hearts of survivors of gender-based and their children by supporting a family at Embrave!

## How does it work?

Email our Events & Operations Manager Sylvia (sylvia@embrave.ca) to indicate your interest in supporting a family!

We'll send you an email with all the details you need! Including a wishlist from one of our clients and their children.





Time to shop!

Drop off the items at Embrave on December 13th or 14th and know that you've made a difference in the life of a survivor and their family.

Questions? Email Sylvia at sylvia@embrave.ca

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## Give the gift of hope and care this holiday season!

## **Two Ways to Support!**



You can warm the hearts of survivors of gender-based violence and their children this year by making an inkind donation of some of our most needed items

Check out page 7 for a full resident wish list of our most needed items.

Donations are encouraged between November 11 - December 13.

> Email Sylvia at Sylvia@embrave.ca to schedule a drop off.

#### A Monetary Donation

Your monetary donation will fund one of our Circle of Care Packages for the residents and their children at our shelters.

Check out the care packaged on page for more details!

You can make a donation on our website or by contacting Sylvia at sylvia@embrave.ca (You will receive a tax receipt)





### Pamper Package

## **Holiday Wishes Package**



Help keep hope alive for a survivor at Embrave by providing a care package stuffed with indulgent selfcare products.

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Help keep hope alive for a survivor at Embrave by providing a care package stuffed with indulgent selfcare products.

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## Bundled-Up Package



Provide warm outdoor clothing for two siblings staying at Embrave.

## Holiday Party Package



Help Embrave residents feel the warmth and magic of the season with a festive celebration at one our of ours shelters.





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#### NON-PERISHABLE & FROZEN FOOD ITEMS

Pasta - Pasta Sauce - Cereal - Rice - Granola Bars - Spices - Juice -Soup - Condiments

Frozen Items: Vegetables - Fruit - Large Prepared Meals - Juice Mixes -Meat Products (Halal & No Pork)

#### PERSONAL CARE

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#### HYGIENE

- Haircare Products (culturally specific)
- Body and Face Lotion
- Body and Face Wash
- Prenatal Vitamins
- Menstrual Products



#### BABYCARE ITEMS

- Baby Food Pouches
- Baby Snacks (eg. Puffs and Mum Mums)
- New Baby Clothes (size 6-12-18-24M/2T/3T)
- New Baby Bottles
- Pacifiers
- Diapers
- Baby Wash and Shampoo
- Baby Lotion and Oil
- Children's Water Bottles



#### NEW CLOTHING

#### ADULT (ALL SIZES)



- New Undergarments
- Winter Boots

#### CHILDREN (ALL SIZES)

- All Seasonally Appropriate Styles
- Winter Boots

#### NEW TOYS FOR CHILDREN



• Toys for babies & infants

#### GIFT CARDS FOR RESIDENTS

- Major Drugstores
- Gas Vouchers



- Supermarkets
- Major Shopping Malls

## Together We Can End Gender-Based Violence.

## **How You Can Help**

Your gift will provide vital supports that will transform the lives of survivors today through rehabilitation, reintegration and having a brighter future that is violence free.



If you have any questions regarding Ways to Give, please contact:

Rebecca Pacheco, Development & Education Manager rebeccap@embrave.ca (905) 403-9691 ext. 2275

For more information about Ways to Give, visit <u>https://embrave.ca/support/</u>



### Ways to Give



Here are just a few ways you can support Embrave: Agency to End Violence:

- Join the Adopt-A-Room Program
- 📎 🛛 Join the Legacy League
- ➢ Host an Online Peer-to-Peer Fundraiser
- 🔗 Host a Third Party Event
- ℅ Become a Corporate Sponsor



"I am really thankful for the shelter support. Embrave was there for me and my family when I needed it the most! I was able to get on my feet and find a house to live in with my children."

- Former Embrave Resident



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#### **Embrave Brave. Inspire Bravery.**



Embrave: Agency to End Violence is a non-profit organization that provides shelter, counselling, and advocacy supports for women, Two-Spirit, gender-queer, trans and non-binary folks and their children impacted by gender-based violence. We amplify the voices of survivors, educate the community, and inspire systemic change to create a society free of violence.

### embrave.ca

#### Embrave: Agency to End Violence

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