

EMBRAVE

AGENCY TO END VIOLENCE

Holiday Giving 2025



Give the gift of hope and care this holiday season to survivors of gender-based violence and their children.

Table **OF CONTENTS**

03 HOLIDAY GIVING

04 SUPPORT-A-FAMILY

05 CIRCLE OF CARE

**06 CIRCLE OF CARE
PACKAGES**

07 RESIDENT WISH LIST

08 HOW YOU CAN HELP



Holiday Giving at Embrace

For many of us, the winter holidays are a time to gather with loved ones, share in warmth and laughter, and reflect on the past year.

But for survivors of violence supported by Embrace: Agency to End Violence, this season can be one of the most difficult times of the year. While many are celebrating, survivors in our shelters are working to rebuild their lives—often with little more than courage and determination.

At Embrace, we do everything we can to make the holidays a little brighter for the women, children, and gender-diverse individuals in our programs. Through holiday meals, gifts, and community celebrations, we help spark hope—reminding survivors that healing and a safe future are possible.

This year, more than ever, **we need your help**. Rising costs and reduced funding threaten our ability to provide the comfort, care, and holiday joy our residents deserve.

This holiday giving guide will outline the options available in supporting the work of Embrace and survivors of gender-based violence this holiday season!

Together we will bring hope to survivors!



Support-A-Family

at Embrace this holiday season!

This holiday season you can warm the hearts of survivors of gender-based and their children by supporting a family at Embrace!

How does it work?

Email our Team Lead & Development Coordinator Monica Vu at monicav@embrace.ca or development@embrace.ca to indicate your interest in supporting a family!

We'll send you an email with all the details you need! Including a wishlist from one of our clients and their children.

Time to shop!

Drop off the items at Embrace on December 11th or 12th and know that you've made a difference in the life of a survivor and their family.

Questions? Email Monica at monicav@embrace.ca or development@embrace.ca



Circle Of Care

**Give the gift of hope and care
this holiday season!**

Two Ways to Support!

In-Kind Donation

You can warm the hearts of survivors of gender-based violence and their children this year by making an in-kind donation of some of our most needed items

Check out page 7 for a full resident wish list of our most needed items.

Donations are encouraged between
November 11 - December 12.

Email Monica Vu at
monicav@embrave.ca or
development@embrave.ca
to schedule a drop off.

Monetary Donation

Your monetary donation will fund one of our Circle of Care Packages for the residents and their children at our shelters.

Check out the care packaged on page for more details!

You can make a donation on our website or by contacting Monica - monicav@embrave.ca
(You will receive a tax receipt)



Circle Of Care Packages

Pamper Package



\$50

Help keep hope alive for a survivor at Embrave by providing a care package stuffed with indulgent self-care products.

Holiday Wishes Package



\$75

Remind a survivor they are not alone by gifting a bundle filled with comforting treats and thoughtful items from the resident wishlist.

Bundled-Up Package



\$150

Provide warm outdoor clothing for two siblings staying at Embrave.

Holiday Party Package



\$750

Help Embrave residents feel the warmth and magic of the season with a festive celebration at one of our shelters.

RESIDENT *Wish* LIST

NON-PERISHABLE & FROZEN FOOD ITEMS

Pasta - Pasta Sauce - Cereal - Rice - Granola Bars - Spices - Juice -
Soup - Condiments

Frozen Items: Vegetables - Fruit - Large Prepared Meals - Juice Mixes -
Meat Products (Halal & No Pork)

PERSONAL CARE

HYGIENE

- Haircare Products (culturally specific)
- Body and Face Lotion
- Body and Face Wash
- Prenatal Vitamins
- Menstrual Products

BABY CARE ITEMS

- Baby Food Pouches
- Baby Snacks (eg. Puffs and Mum Mums)
- New Baby Clothes (size 6-12-18-
24M/2T/3T)
- New Baby Bottles
- Pacifiers
- Diapers
- Baby Wash and Shampoo
- Baby Lotion and Oil
- Children's Water Bottles

NEW CLOTHING

ADULT (ALL SIZES)

- New Undergarments
- Winter Boots

CHILDREN (ALL SIZES)

- All Seasonally - Appropriate
Styles
- Winter Boots

NEW TOYS FOR CHILDREN

- Toys for babies & infants

GIFT CARDS FOR RESIDENTS

- Major Drugstores
- Gas Vouchers
- Supermarkets
- Major Shopping Malls

Together We Can End Gender-Based Violence.

How You Can Help

Your gift will provide vital supports that will transform the lives of survivors today through rehabilitation, reintegration and having a brighter future that is violence free.

If you have any questions regarding Ways to Give, please contact:

Monica Vu-Boukayli, Team Lead & Development Coordinator
monicav@embrave.ca
(905) 301-5554

For more information about Ways to Give, visit

<https://embrave.ca/support/>



Ways to Give

Here are just a few ways you can support Embrave: Agency to End Violence:

- ✓ **Join the Adopt-A-Room Program**
- ✓ **Join the Legacy League**
- ✓ **Host an Online Peer-to-Peer Fundraiser**
- ✓ **Host a Third Party Event**
- ✓ **Become a Corporate Sponsor**

“I am really thankful for the shelter support. Embrave was there for me and my family when I needed it the most! I was able to get on my feet and find a house to live in with my children.”

- Former Embrave Resident

**Embrace Brave.
Inspire Bravery.**



Embrace: Agency to End Violence is a non-profit organization that provides shelter, counselling, and advocacy supports for women, Two-Spirit, gender-queer, trans and non-binary folks and their children impacted by gender-based violence. We amplify the voices of survivors, educate the community, and inspire systemic change to create a society free of violence.

embrace.ca

Embrace: Agency to End Violence

P.O. Box 45070
Mississauga, ON L5G 1C9

Email: info@embrace.ca
Telephone: 905-403-9691



Registered Charitable N°.:
10751 0059 RR0001