EMBRAVE

AGENCY TO END VIOLENCE

2026 Holiday GIVING









This holiday season, give the gift of hope and care to survivors of gender-based violence and their children.

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Holiday Giving at Embrave

The holidays have a way of reminding us what matters most: feeling safe, and being surrounded by people who care.

For survivors of gender-based violence, those things can feel out of reach. Many come to Embrave with only what they could carry, and the extraordinary courage it took to leave. While the world around them celebrates, they're doing the hard, brave work of rebuilding their lives, often with their children by their side.

The need is growing, and so is the difference you can make.
The need has never been greater: in 2026, 75% of shelters across Canada reported that demand for their services continues to rise, and here in Ontario, 30 women and girls have lost their lives to femicide in just nine months. Like shelters across the country, we're also facing rising costs and over half of Canadian shelters now report a chronic shortfall in core funding. Your support helps make sure our residents still receive the care and holiday joy they deserve.



Inside this guide, you'll find simple ways to share hope with survivors and their children: sponsor a family, donate from our wish list or fund a Circle of Care Package.

Hope grows when it's shared.
Let's grow it together.

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SUPPORT-A-FAMILY

AT EMBRAVE THIS HOLIDAY SEASON!

How does it work?

Email our Development & Events Manager Eli (eli@embrave.ca) to indicate your interest in supporting a family!

Watch your inbox! We'll email you all the details, including a holiday wishlist from the family you're sponsoring.

TIME TO SHOP!

Your final step is the most rewarding: drop off your gifts at Embrave on December 10 or 11 and know you've made this season brighter for a family starting fresh.

Questions? Email Eli at eli@embrave.ca

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CIRCLE OF CARE

GIVE A GIFT THAT LASTS LONG AFTER THE HOLIDAYS: HOPE AND CARE.

IN-KIND DONATION

You can warm the hearts of survivors of gender-based violence and their children this year by donating some of our most-needed items. Check out our resident wish list to see what's needed.

We welcome donations from November 11 to December 12.

To schedule a drop-off, email Eli at eli@embrave.ca.

MONETARY DONATION

Your monetary donation will fund a Circle of Care Package for residents and their children at our shelters.

Explore the care packages to learn more.

You can donate on our website or by contacting Eli at eli@embrave.ca.
You'll receive a tax receipt for your gift.

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CIRCLE OF CARE PACKAGES



$60

PAMPER PACKAGE

A little comfort means a lot. Remind a survivor that she deserves to be cared for by funding a care package filled with soothing self-care products.



$85

HOLIDAY WISHES PACKAGE

Show a survivor they are not alone by gifting a bundle of comforting treats and items chosen from our resident wish list.



$160

BUNDLED-UP PACKAGE

Many families arrive at Embrave with only what they could carry. Help two siblings stay warm this winter with cozy coats, hats and mittens.



$760

HOLIDAY PARTY PACKAGE

Bring the warmth and magic of the season to Embrave residents by funding a holiday celebration at one of our shelters

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RESIDENT WishLIST

NON-PERISHABLE & FROZEN FOOD ITEMS

Pasta - Pasta Sauce - Cereal - Rice - Granola Bars - Spices - Juice - Soup - Condiments

Frozen Items: Vegetables - Fruit - Large Prepared Meals - Juice Mixes - Meat Products (Halal & No Pork)

PERSONAL CARE

HYGIENE

- Haircare Products (culturally specific)
- Body and Face Lotion
- Body and Face Wash
- Prenatal Vitamins
- Menstrual Products

BABYCARE ITEMS

- Baby Food Pouches
- Baby Snacks (eg. Puffs and Mum Mums)
- New Baby Clothes (size 6-12-18-24M/2T/3T)
- New Baby Bottles
- Pacifiers
- Diapers
- Baby Wash and Shampoo
- Baby Lotion and Oil
- Children's Water Bottles

NEW CLOTHING

ADULT (ALL SIZES)

- Pajamas
- Winter Boots

CHILDREN (ALL SIZES)

- All Seasonally - Appropriate Styles
- Winter Boots

NEW TOYS FOR CHILDREN

- Toys for babies & infants

GIFT CARDS FOR RESIDENTS

- Major Drugstores
- Gas Vouchers
- Supermarkets
- Major Shopping Malls

Every gift brings hope.
Together, we can end gender-based violence.

How You Can Help

Your gift will provide vital supports that will transform the lives of survivors today through rehabilitation, reintegration and having a brighter future that is violence free.

If you have any questions regarding Ways to Give, please contact:

Eli Agay
Development & Events Manager
eli@embrave.ca
(416) 420-6855

For more information about Ways to Give, visit
https://embrave.ca/support/



Ways to Give

Here are just a few ways you can support Embrave: Agency to End Violence:

- **Join the Kind Collective Monthly Giving Program**
- **Join the Legacy League**
- **Join the Adopt-A-Room Program**
- **Host a Third Party Event**
- **Become a Corporate Sponsor**

"When no one else believed me, Embrave did.

They were there for me and my family when we needed it most. Because of their support, I got back on my feet. Now my children and I have a stable home and can live with dignity"

- Former Embrave Resident

Embrave Brave.
Inspire Bravery.



Embrave: Agency to End Violence is a non-profit organization that provides shelter, counselling, and advocacy supports for women, Two-Spirit, gender-queer, trans and non-binary folks and their children impacted by gender-based violence. We amplify the voices of survivors, educate the community, and inspire systemic change to create a society free of violence.

embrave.ca

Embrave: Agency to End Violence

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